



"We reserve the right to limit quantities"
SORRY NO RAINCHECKS



50 William St. South, Lindsay

Monday - Thursday 9:00 a.m. - 6:30 p.m.

Friday 9:00 a.m. - 7:00 p.m.

Saturday 8:30 a.m. - 6:00 p.m.

Sunday 10:00 a.m. - 5:00 p.m.

Illustrations of items in our advertisement do not necessarily represent items on sale. In the event of a discrepancy between an illustration and a description, the description takes precedence.



Back Ribs 2.99
lb.



Asparagus 1.99
lb.



Cider 3.30
473ml (Incl HST & Deposit)



Lasagna alla Bolognese 4.99
800g



Dinners 2.99



Chicken Breasts 5.99
lb.



Steaks 7.99
lb.



Pork Loin Chops 3.99
lb.



Ground Beef 4.99
lb.



Salmon Fillets 10.99
lb.



Beef Pinwheels 10.99
lb.



All Beef Wieners 3.99
lb.



Smoked Hams 4.99
600g



Bacon 3.99
375g Original or Reduced Salt



Spaghetti 6.99
With Store Made Meatballs



Grilled Chicken 9.99
With Potatoes & Vegetables



Harvest Crunch 2.99
470-600g



Granola Bars 1.99
175-230g



Pasta Sauce 4/\$5
630-640ml



Ready To Serve Soup 1.99
540ml



Mini's Or Rice Cakes 2/\$3
100-173g



Chips 2/\$6
230-320g



Sports Drink 3/\$5
710ml



Chicken Breast 8.99
lb. (1.98/100g)



Salami 4.99
lb. (1.10/100g)



Roast Beef 9.99
lb. (2.20/100g)



Oven Roast Turkey 9.99
lb. (2.20/100g)



Tortillas 2.19
7" 2.49



Pie 6.99
1kg



Bread 2.49
496g



Yogurt 2.99
12x100g



Milk 2.99
2L Lactose Free



Cottage Cheese 1.99
500ml



Cheese Slices 2.99
450g



Manchego Cheese 16.99
lb.



Bread 1.79
Whole Wheat



Bread 1.79
675g



Apples 2.99
bag



Raspberries or Blueberries 2/\$5
6 OZ. PACKAGE



Romaine Hearts 2.99
pkg.



Corn on the Cob 5.29
Cobs for 2



Cucumbers 1.49
ea.



Seedless Oranges 3.99
bag