SALE DATES EFFECTIVE AUGUST 22ND TO 28TH, 2019 WWW.LAMANTIAS.CA > @LaMantiasMarket ntias COUNTRY MARKET FRESH ONTARIO CRAFT BEER OF THE WEEK FRIDAY, SATURDAY FRIDAY, SATURDAY & SUNDAY SPECIAL SWhile Supplies Last

New Crop White

Potatoes

Nantes Sweet 2 00

Carrots



3.99 McSween Farms Freestone Peaches Broccoli 1.90 Brussels 1.90 Blueberries

SORRY NO RAINCHECKS

Monday - Thursday