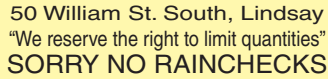


COUNTRY MARKET FRESH

 @LaMantiasMarket

for terms & conditions.



MONDAY TO SATURDAY 9:00am – 6:00pm
SUNDAY 10:00am – 5:00pm

Illustrations of items in our advertisement do not necessarily represent items on sale. In the event of a discrepancy between an illustration and a description, the description takes precedence.



Family Pack
chicken
drumsticks **1.99** **lb.**



**JUMBO
SIZE**

Dole
Product of Costa Rica
Pineapple

2.99
Each

La Mantia's
WINE MERCHANTS

Las Mulas 750ml
Organic Chardonnay

15.00
(Incl. Tax & Deposit)

IMPORT FROM



Maple Leaf 560-581g

Prime

Breaded Chicken

7.99

Schneiders
Mini-Sizzlers.
SAUSAGES
375g

Cardinal Roadhouse
1.02kg

Angus Beef Burgers

100% Beef 5.00 kg 1.02 kg

11.99



BONELESS

Family Pack

Pork

Sirloin

Chops

3.99 lb.

Eye of The Round Roasts

6.99 lb.



Rainbow Trout Fillets **13.99** lb



Ribeye Steaks **16.99**

Ontario Pork

IDEAL FOR PULLED PORK

Picnic Shoulder Roasts

2.49 lb.

 Family Pack

**Boneless,
Skinless
Chicken
Breasts**

8.99^{lb.}



Family Pack

**Lean
Ground
Pork**

3.49 lb

Beef Flank Steaks

10.99 lb

Real Simple. Vrai Simple.

**NATURAL
SMOKED HAM
JAMBON FUMÉ
NATUREL**

ORIGINAL

Made with natural ingredients
Fait à l'ingrédients naturels

Maple Leaf
600g
Hams

7.99



Schneiders
COUNTRY
NATURALS

NO ANTIBIOTICS
NO SANS ANTIBIOTIQUES

WIENERS
SAUSISSES FUMEES

PREPARED BY SCHNEIDER'S MEATS, INC., ST. LOUIS, MO. 63103
NET WT. 375g (13.3oz)

Schneider's
Country Natural
375g
Wieners

2.99



FULLY CHEF

Pork Schnitzel
with Potatoes &
Vegetables

10.99



**COOKED
MADE**

Chili
Con Carne
with Shredded Cheese
& Parsley

7.99

Oatmeal Crisp Cereal 3.29

SunnyD
Smooth or
891lit

Folger's
12'S
K-Cups

Hunt's 680ml
**Pasta
 Sauce**

1.49

Ilios 1L 946ml
Organic

Chicken/Beef/
Vegetable
Broth

Heinz 1L
Tom
Juice

9 1.99



HEINZ
CANADA FINELY
TOMATO JUICE
2 LITRES
MADE FROM FRESH TOMATOES
NO ADDED SALT

Ocean Spray
ORIGINAL
Cranberry
COCKTAIL
100% NATURAL
FRUIT FLAVOUR

2.99

DOUBLE
8 ROLL

Cashmere
UltraLux

Cashmere
Ultraluxe
Bathroom
Tissue

3.49 **4.99**



Maple Leaf
**Waxed
Bologna**

1.98
/100G

Brandt
Pepperseed
Salami

3.53
/100g

Schneiders
Summer
sausage **2.87**
/100G



PKG OF 10

FRESH BAKED

**Pumpkin
Chocolate
Chip
Cookies**

4.99



BAKED

PKG OF 6

Onion Buns

3.29

Philadelphia Original Cream Cheese, 227-250g

Philadelphia Original Cream Cheese, 227-250g

Philadelphia Brick/Soft or Whipped Cream Cheese, 227-250g

3.99

Phillys 40%
Chocolate
Chip Cookies
Dough



Three packages of Tre Stelle White Dough and one package of Tre Stelle Mozzarella cheese.

Tre Stelle Original or Lactose Free 340g

2.99 Soft **5.99** Mozzarella



IMPORTED FROM AUSTRIA

99 Alpen
Emmental **3.31**/100



IMPORTED FROM SWITZERLAND

4.85 /100G

Three bags of Betty's brand flour are shown. The left bag is yellow and white, labeled 'White or Whole Wheat'. The middle bag is brown and white, labeled 'Original Thin or Texas Style'. The right bag is brown and white, labeled 'Whole Wheat Bread'. Each bag has a Betty's logo and a '675g' weight label.

White or Whole Wheat
Original Thin or Texas Style
Whole Wheat Bread

2.29

Dempster's Original or Whole Wheat English Muffins

2.69

2.69



**JUMBO
SIZE**

Product of USA No. 1 Grade

**Green or
Red Seedless
Grapes**

2.99
lb.



Product of South Africa
21lb
Clementines **3.99** Each



Product of Mexico

Asparagus

2.99 lb.

Product of Ontario

Broccoli

1.99 Each

Product of Canada,
Canada No. 1

Celery

1.99 Bunch



Super Sweet
Corn on the
Cob

3.99
6 Cobs for